

PATIENT INSTRUCTIONS KOH EXPRESS

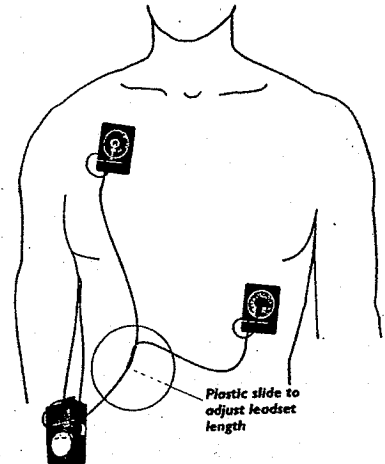
(Send with Patient)

Placing the Electrodes

Two electrodes need to be fastened to the chest.

The first electrode must be fastened approximately 4 inches above the nipple on the right side of the chest. (Just above the breast.)

The second electrode must be fastened approximately 4 inches below the nipple on the left side of the chest. (Lift breast and place directly below.)

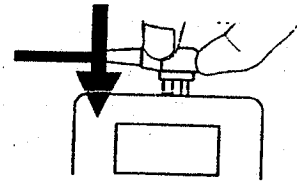


Connecting the Lead Wires

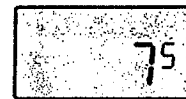
Snap the lead wires onto the electrodes. White snaps to the right electrode "R" for right. Black snaps to the left electrode "L" for left.

Operating the Monitor

To turn on the monitor simply plug in the lead wire. It will only fit in one way. Push it in until you hear a beep. The monitor is now "on". There is no ON/OFF button.



Once the lead wire is plugged in you will see a small number in the bottom right corner. This number corresponds to the number of events that can be stored. It will decrease by one each time you record an event. If an "F" appears on the screen, you must send the events before you can store any more.



The number of events available to be recorded before the memory is full

Note: When the memory is full an F will appear in the status window rather than a number. After ten seconds the status window will go blank and scanning will terminate.

After a few seconds you will hear another beep and a larger number will appear in the middle of the screen. This is the estimated number of days of battery life remaining. It will decrease as battery life decreases. This number will soon disappear. If a "BAT" symbol appears on the screen, it is time to replace the batteries.



The estimated number of days of battery life remaining

In about three seconds, after the number in the middle of the screen disappears, a flashing recording symbol will appear. This shows the unit is scanning the heart activity. The heart rate may also be displayed. This number will change as the heart rate changes. Do not be alarmed by a high reading this may be caused by movements.



Recording an Event

To record an event simply press the record button until a tone sounds. Then release the button. When the tone stops, it is done recording. When the flashing record signal reappears, another event may be stored if needed.

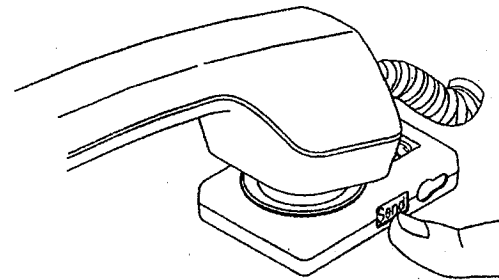
Please wait at least 1 full minute in between recordings.



Sending an Event

To send an event, first call Life Support Systems, Inc. at 1-800-659-8151 24 hours a day, 7 days a week. The cardiac staff will ask you to do the following:

1. Unplug the lead wire from the monitor.
2. Place the monitor face up on a flat surface.
3. Press the send button until a tone sounds and immediately place the mouth of the phone over the record button. Hold it there until the tone stops.
4. When the tone stops, pick up the phone and await further instructions from the staff.

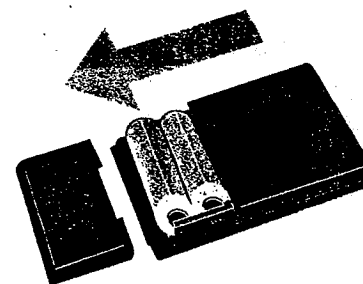


Returning the Monitor

After your monitoring period is complete please place the monitor and all supplies in the postage paid priority mail envelope and bring it to your post office or give it to a mail carrier. **Please return the monitor in a timely fashion to avoid any extra charges to you.**

Changing the Batteries

The batteries last approximately 7 days. To change your batteries remove the belt clip, place the recorder face down on a flat surface slide the battery compartment door of the back of the recorder. Carefully remove the old batteries from the compartment. Insert 2 new AAA batteries as shown on the floor of the battery compartment.



LIFE SUPPORT SYSTEMS, INC.